

About Our Work

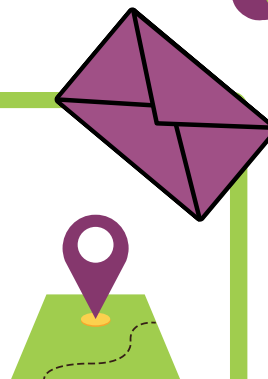
15 Square aims to provide information on foreskin health conditions and how to resolve them without having to resort to unnecessary and unwanted surgery when possible.

We also work to help those affected by circumcision by providing support and advice.

Our information is also designed to help individuals affected by foreskin health conditions, as well as individuals affected by circumcision issues.

This information is presented as a supplement healthcare information received by your qualified health professional. Your healthcare provider should be aware of all options to alleviate issues, including early interventions.

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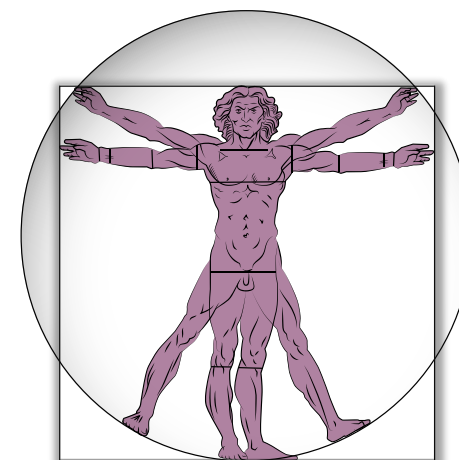
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15SQUARE

Early Interventions and
Accessing Healthcare



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Foreskin Problems... How Common Are They?

In the 1930's, 35% of the male population in the UK were circumcised to address medical problems. Since then, our understanding of healthcare has improved, and for most common conditions doctors should provide non-invasive alternatives before resorting to surgery.

The longer that health issues affecting the foreskin are ignored, the more challenging it can be to fix them without resorting to circumcision.



A more recent figure suggests that medical circumcision is now below 3.8%, in the UK, despite the use of alternatives for minor issues. This indicates that more than 1 in 30 men will still experience some kind of issue affecting their penis or foreskin at some point during their life.

Issues are incredibly common, & nothing to be embarrassed about! Most issues have nothing to do with personal hygiene.

Almost everyone will know someone who has experienced a complication at some point, whether they have resolved the problem, undergone surgery or circumcision, or decided to live with the issue. Sadly, men's sexual health issues are rarely discussed due to fear of ridicule and an overwhelming tendency for men to ignore health problems in general – Even if that means the problem gets worse.

Let's Talk More!

Many of the issues that affect the foreskin get worse over time. The earlier they are addressed, the better the resolution is likely to be, and it is more likely that non-surgical treatments will be effective.

It is important to address these issues as soon as possible.

The statistics show how common these problems can be.

The recovery and after-effects of circumcision can impact men in ways in which they do not anticipate. This shows the importance of informed consent and good quality patient information to reassure men that they have exhausted all viable alternatives.

Circumcision does resolve some of the more severe medical complications that have progressed over time, or shown resilience to non-invasive methods. If issues progress, circumcision may eventually be suggested by your doctor.

Common Conditions



To find out more information on some of the conditions that can affect the foreskin, scan the QR code to access 15 Square's information page.

15square.org.uk

Purpose of the Foreskin

The foreskin is a retractable fold of skin that covers the head of the penis. It is a normal part of the male anatomy and serves important functions, including protecting the glans and providing functional value during intercourse. It consists of a double layer of skin, forming an outer layer of sensitive skin and an inner layer of mucosal tissue (similar to the lining of the mouth) folded underneath the outer layer. This inner layer is fused to the glans during infancy and childhood.

Many men throughout the world have received a circumcision for medical, or cultural reasons, and live happily with the results. Some men struggle with the procedure, and therefore, we advocate for improved recognition for men that have been affected, and to use circumcision as a last resort, and for more public awareness. If you have been affected by circumcision, you can find more information by visiting 15square.org.uk

"I now know much more about circumcision and whilst several of my friends are also circumcised, we never discuss it. And that is a significant part of my emotion – no one ever talks about it."

"Because it is unmentionable it has attracted an aura of shame which contributes to the feeling of loneliness."